



SECU
Autism
Clinic
"ABC of NC"

Mental Health Counseling Services

Services available in English and Spanish.

ABC of NC's counselors use a strengths-based approach, incorporating several modalities, including but not limited to cognitive behavioral therapy (CBT), structural family therapy (SFT), trauma-informed care (TIC), and play therapy techniques.

Meet Our Counselors!



Hannah Prevatt, MS, Ed. S, LCMHC, NCC
Child, Adolescent, Adult, and Family Counselor



Jasmine Lambeth, RBT, LCMHC-A
Clinical Counselor Associate

Serving children (ages 7+), teens, and families affected by autism and co-occurring mental health conditions.

Depression

ADHD

Anxiety

Aggression/Anger

Adjustment Disorder

Peer Issues/Bullying

Strained Family Dynamics

LGBTQ+

ABC of NC's SECU Autism Clinic accepts private health insurance and Medicaid.

For more information, please call 336-251-1180 or visit www.abcofnc.org/autism-clinic.