ABC of NC
Information Session and Virtual Tour
Clinical Services

Applied Behavior Analysis (ABA) Therapy Services

- ABA therapy uses systematic, evidence-based methods to improve socially significant behaviors. Because treatment plans cover all areas of development – from communication to self-help to sensory and coping skills, it is usually delivered at a high dosage, ranging from 10-40 hours per week of 1:1 therapy. ABC of NC provides ABA therapy services in a center-based model.

- Some private health insurance plans provide coverage for ABA therapy services, while others do not. Check with your employer’s HR department and/or your insurance plan to inquire about coverage. ABC of NC is also a credentialed Medicaid ABA therapy provider.

- Families on ABC of NC’s waiting list for ABA therapy services will automatically be placed on the waiting list for our “Get Connected” program, a parent/caregiver program designed to help families gain confidence using autism-specific, evidence-based strategies; feel empowered as a parent/caregiver of a child with autism; and develop skills to help troubleshoot challenges at home and in the community.

- [https://abcofnc.org/services/11-instruction/](https://abcofnc.org/services/11-instruction/)
Counseling and Diagnostic Services

- We are currently accepting new clients for counseling services.
- We accept many private health insurance plans as well as Medicaid.
- Diagnostic services are currently on hold.
- [https://abcofnc.org/services/autism-clinic/](https://abcofnc.org/services/autism-clinic/)
School Services

- ABC of NC is a year-round, licensed, non-public school, nationally accredited through Cognia®. We provide educational programs for children preschool through high school.
- Autism diagnosis is not required; clinical/educational documentation of ‘at-risk’ or demonstrating autism characteristics required.
- [https://abcofnc.org/services/group-instruction/](https://abcofnc.org/services/group-instruction/)
1. **ABC of NC Financial Aid Program**
   - Families with total household income of $150,000 or less are eligible to apply. Award amounts are based on sliding fee scale.

2. **State-Funded Early Intervention Program**
   - Children must be 60 months or younger at intake.

3. **NC State Education Assistance Authority (K-12th grade)**
   - Education Savings Account (ESA+) (application process opens March 1st) [http://www.ncseaa.edu/ESA.htm](http://www.ncseaa.edu/ESA.htm)
     - Disability-based eligibility criteria
     - No prior requirement of public school enrollment
   - Opportunity Scholarships (application process opens February 1st) [http://www.ncseaa.edu/OSG.htm](http://www.ncseaa.edu/OSG.htm)
     - Income-based eligibility criteria
     - No prior requirement of public school enrollment for grades K, 1st, 2nd
Comprehensive Services

- Speech/Language Therapy
- Occupational Therapy
- Physical Therapy
- Academic Tutoring
ABC of NC offers many supplemental services, including, but not limited to:

- **Adaptive Martial Arts** (FREE after school program) (currently on hold)

Champions in Motion is a free adaptive martial arts program. The program goal is to help individuals with autism gain self-confidence and increase concentration.

- 4:30-5:00 pm: 4-8 years (with more significant communication or social challenges)
- 5:00-5:30 pm: 4-8 years
- 5:30-6:00 pm: 9-21 years

*All classes are held on Mondays.*

- **FREE Parent/Caregiver Classes**
  - ABC of NC offers classes on a variety of autism-specific topics.
  - Register online at: [http://abcofnc.org/involved/calendar/](http://abcofnc.org/involved/calendar/)
  - Childcare is NOT provided.
Virtual Tour

https://abcofnc.org/3d-tours/
Contact Info

- Selene.Johnson@abcofnc.org
- Email forms to:
  - LeighEllen.Spencer@abcofnc.org