

# ABC of NC

Information Session and Virtual Tour



# Clinical Services

## *Counseling Services*

- ABC of NC offers a variety of counseling services for individuals diagnosed with ASD and/or their family members (e.g., parents or siblings) as ASD can impact the entire family.
- Our team provides a comprehensive understanding of individuals diagnosed with ASD and any co-occurring conditions such as developmental delay, intellectual and developmental disabilities (IDD), ADHD, anxiety, depression, and/or behavioral disorders
- Evidence-based approaches vary and may include cognitive behavioral therapy, behavioral modification, collaborative problem-solving, applied behavior analysis, parent education and support, and more.
- We currently accept many private health insurance plans as well as Medicaid.
- <https://abcofnc.org/services/autism-clinic/>



# Clinical Services

## *Applied Behavior Analysis (ABA) Therapy Services*

- ABA therapy uses systematic, evidence-based methods to improve socially significant behaviors. Because treatment plans cover all areas of development – from communication to self-help to sensory and coping skills, it is usually delivered at a high dosage, ranging from 10-40 hours per week of 1:1 therapy. ABC of NC provides ABA therapy services in a center-based model.
- Some private health insurance plans provide coverage for ABA therapy services, while others do not. Check with your employer's HR department and/or your insurance plan to inquire about coverage. ABC of NC is also a credentialed Medicaid ABA therapy provider through Cardinal Innovations network.
- Families on ABC of NC's waiting list for ABA therapy services will automatically be placed on the waiting list for our "Get Connected" program, a parent/caregiver program designed to help families gain confidence using autism-specific, evidence-based strategies; feel empowered as a parent/caregiver of a child with autism; and develop skills to help troubleshoot daily challenges at home and in the community.
- <https://abcofnc.org/services/11-instruction/>



# School Services

- ABC of NC is a year-round, licensed, non-public school, nationally accredited through AdvancEd and the Southern Association of Colleges and Schools (SACS). We provide educational programs for preschool through high school.
- (Autism diagnosis not required; clinical/educational documentation of 'at-risk' or demonstrating autism characteristics required)
- <https://abcofnc.org/services/group-instruction/>



# Financial Assistance for School Services

## **1. ABC of NC Financial Aid Program**

- Families with total household income of \$150,000 or less are eligible to apply. Award amounts are based on sliding fee scale.

<http://abcofnc.org/financial-aid/apply-aid/>

## **2. State-Funded Early Intervention Program**

- Children must be 42 months or younger at intake.

<http://abcofnc.org/financial-aid/early-intervention/>

## **3. NC State Education Assistance Authority (application process opens in February)**

- Disability Scholarships

Eligibility based on qualification for special education services

<http://www.ncseaa.edu/CDSG.htm>

- Education Savings Account (ESA)

Students in kindergarten through 12<sup>th</sup> grade with disabilities are eligible.

<http://www.ncseaa.edu/ESA.htm>

- Opportunity Scholarships

Income-based eligibility criteria

<http://www.ncseaa.edu/OSG.htm>



# Supplemental Services

**ABC of NC offers many supplemental services, including, but not limited to:**

- *Adaptive Martial Arts* (FREE after school program)

Champions in Motion is a free adaptive martial arts program. The program goal is to help individuals with autism gain self-confidence and increase concentration.

- 4:30-5:00 pm: 4-8 years (with more significant communication or social challenges)
- 5:00-5:30 pm: 4-8 years
- 5:30-6:00 pm: 9-21 years

*\*All classes are held on Mondays.*

- *FREE parent/professional education classes*
  - ABC of NC offers classes on a variety of autism-specific topics.
  - Register online at: <http://abcofnc.org/involved/calendar/>
  - Childcare is NOT provided.



# Comprehensive Services

## **speech★center, inc.** Speech - Language Pathologists

- Speech/Language Therapy
- Occupational Therapy
- Physical Therapy
- Academic Tutoring



S. O. A. R.  
Student Opportunities  
and Advanced Resources







## Contact Info

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