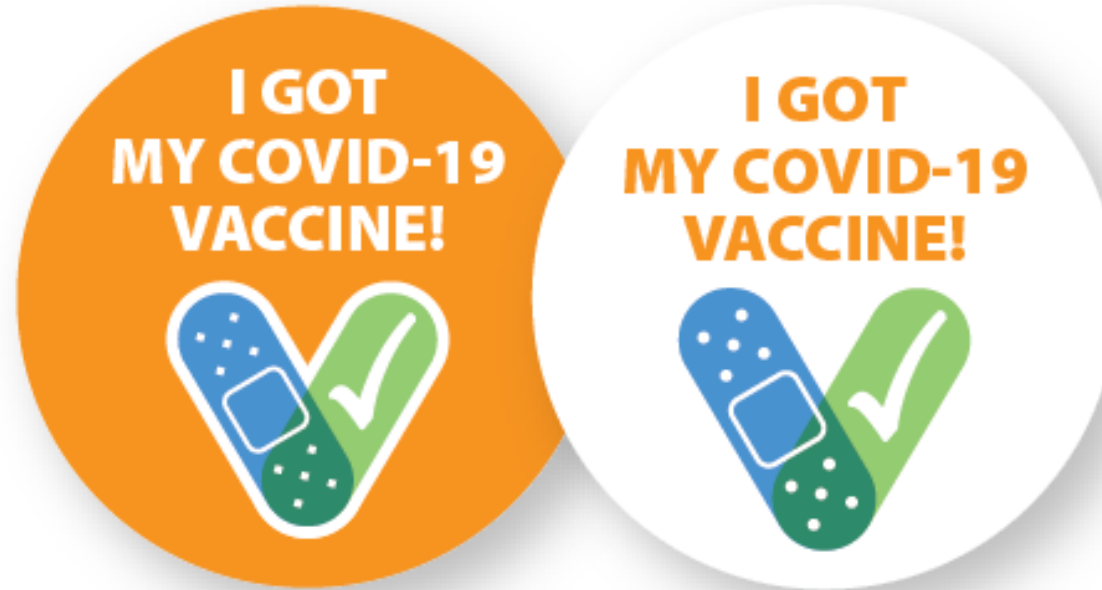


I got my shot!



A story for anyone who has received their first COVID 19 vaccine

I got my first COVID 19 shot, or vaccine.

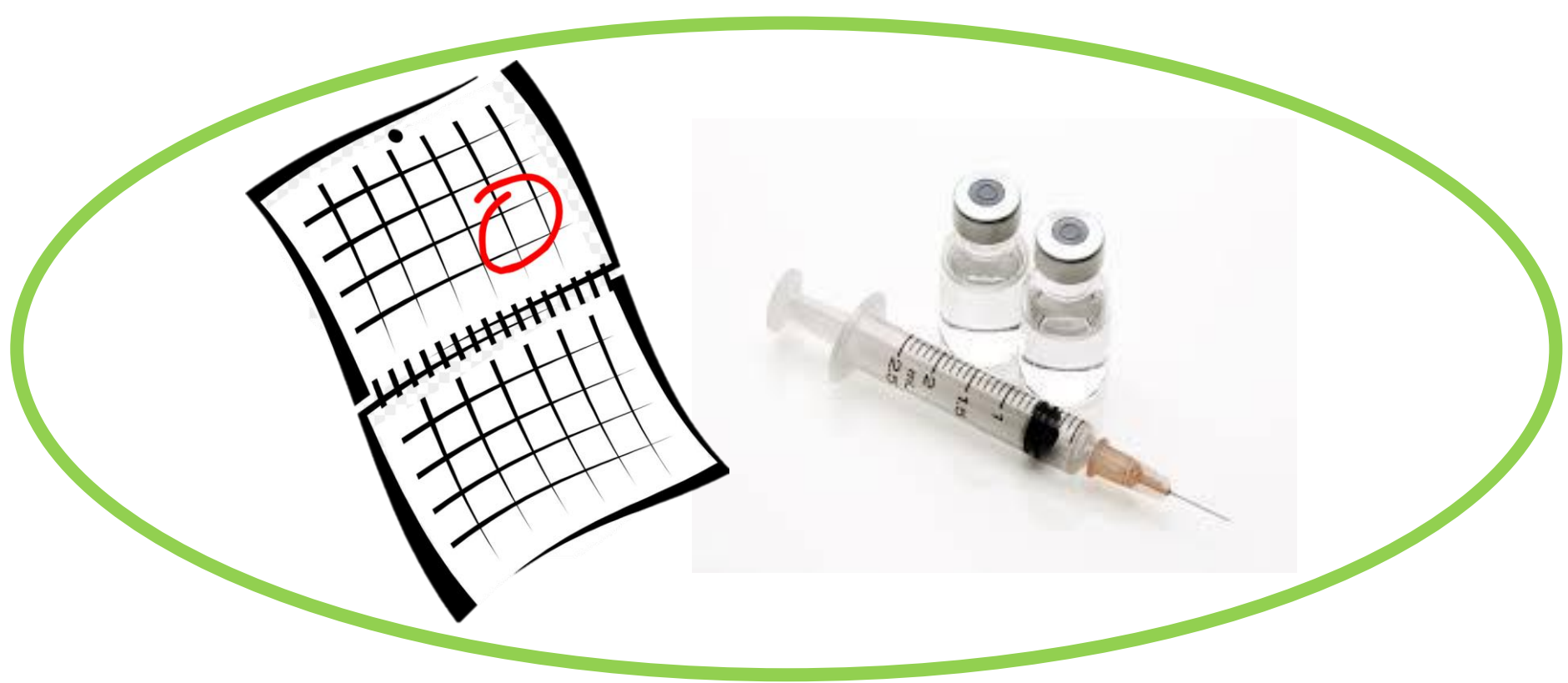




Over the next few days my arm might ache like I have a bruise, I might get a bump on my arm or my arm might feel itchy.
These are normal feelings.



Most people feel fine after their shot, but if I start to get a headache, or I feel dizzy or it's hard to take a breath, I need to tell an adult right away.



In a few weeks, I need to get my second dose. That means I need to get one more shot of the same medicine. Without that second shot, there isn't enough medicine in my body to protect me from COVID 19.



My second visit will be the same as my first, so now that I've had one, I know what to expect!



Getting both of my shots is good news. It means that I am safe from getting COVID 19, and soon, things will start to look more normal.