

Everyone is Different

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Everyone Is DIFFERENT

We are different in lots of ways:

- Some kids have *CURLY* hair, some have **STRAIGHT**
- Some kids have glasses 
- Some kids **talk a lot**  some are *quiet* 



How are you different from your friends?

Everyone is the SAME

We are the same in lots of ways too:

- We all smile
- We all cry
- We can all get our feelings hurt
- We can all be proud of the way we act



Have you ever had your feelings hurt?



Some Differences Have Names- **Hearing Impairment**



A person who has hearing impairment may wear a hearing aid or talk with their hands.

Some Differences Have Names- **Down Syndrome**



A person who has Down Syndrome may work harder to learn new things.

Some Differences Have Names-

Physical Disability



A person who has a physical disability may use a wheel chair or other special tools to help them do physical things like sports or getting dressed.

Some Differences Have Names- Autism

NO AUTISM



AUTISM



Autism is a difference that is inside a person's brain. You cannot tell that a person has autism by looking at a picture of them because they look just like you and me!

Autism Spectrum

A person with autism may think, talk and act differently than you.

Autism is a spectrum that includes lots of people.



Autism may look like...



- Repeating words and phrases, or talking with pictures instead of words



- Moving around a lot, jumping, flapping, or spinning



- Having a favorite game or toy that they never get bored with

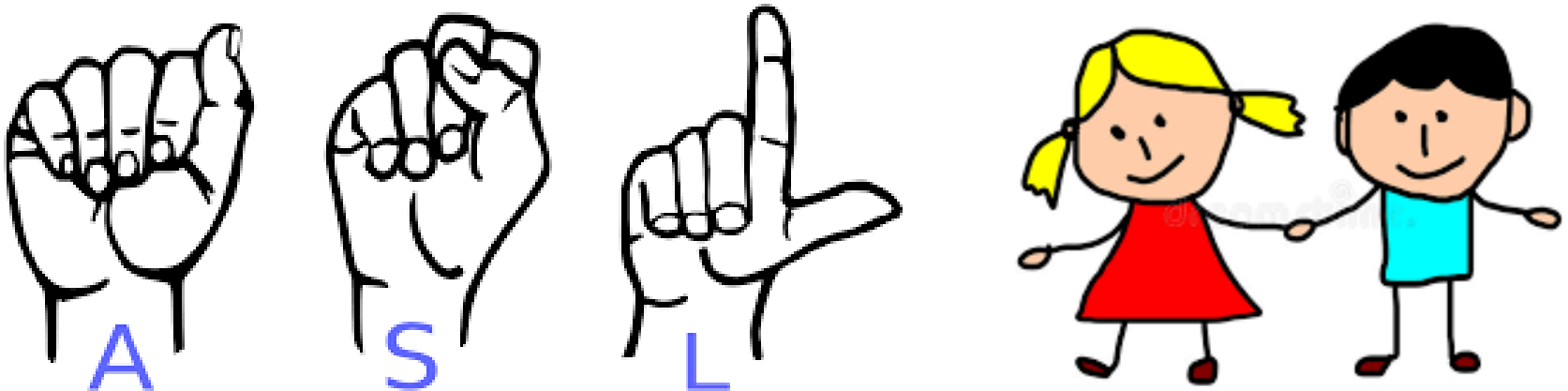
How can we support our differences?

We have ramps, elevators, wheel chairs, and crutches to support people with physical differences.



How can we support our differences?

We can learn sign language or draw pictures to talk to people with hearing impairment.



How can we support a friend who is on the Autism spectrum?

Invite your friend to play with you.

Join your friend in things they like to do.

They might not play or talk the way you do,
but that's ok.



Looking different or thinking different is OK and great!



If you have questions about how to play with someone who is different from you, it's ok to ask your parent.

Additional Resources-

Compiled and shared at http://www.bridges4kids.org/pdf/Growing_Up_Booklet.pdf

For more information about autism, written by or for kids, look for these and other books in your local library:

- Amenta, C. (1992). Russell is extra special: A book about autism for children. New York, NY: Magination Press.
- Bishop, B.(2002). My friend with autism. Arlington, TX: Future Horizons, Inc.
- Bleach, F. (2001). Everybody is different: A book for young people who have brothers or sisters with autism. Shawnee Mission, KS: Autism Asperger Publishing Company.
- Edwards, A.(2001). Taking autism to school. Plainview, NY: JayJo Books, LLC.
- Ely, L. & Dunbar, P. (2004.) Looking after Louis. Morton Grove, IL: Albert Whitman & Company.
- Keating-Velasco, J. (2007). A is for autism, F is for friend. Shawnee Mission, KS: Autism Asperger Publishing Company.
- Lowell, J. & Tuchel, T. (2005). My best friend Will. Shawnee Mission, KS: Autism Asperger Publishing Company.
- Messner, A. W. (1995). Captain Tommy. Stratham, NH: Potential Unlimited Publishing.
- Murrell, D. (2001). Tobin learns to make friends. Arlington, TX: Future Horizons, Inc.
- Simmons, K. (1997). Little rainman: Autism through the eyes of a child. Arlington, TX: Future Horizons, Inc.
- Thompson, M. (1996). Andy and his yellow frisbee. Bethesda, MD: Woodbine House.

For more information about local autism resources, contact Cindy at cindy.andree@abcofnc.org