



ABC of NC | Annual Report | 2014–15

***move: (v.) to progress,  
to go forward, to exhibit  
great activity or energy.***

## FROM THE CHAIR

Dear Friends,

**Movement.** ABC of NC has been on the move since our founding in 2002. We've evolved from three itinerant therapists working out of the trunks of cars to a full-service school and psychological clinic serving over 330 individuals with autism per year. And now we're prepared for our biggest expansion yet as we move to our new location and raise funds to build an innovative, comprehensive autism campus.

We see growth in our programs through evolving research and collaborations while our community moves towards greater awareness of autism and its impact on individuals and families. Advocacy efforts have led to clear progress towards inclusion and acceptance. And with the recent passage of statewide autism insurance legislation, we see movement towards greater access to services.

Our committed staff, volunteers and donors have been a part of this dramatic expansion since the beginning. A heartfelt thank you for helping us continue our remarkable forward movement.

—Felice Brenner

*Chair, Board of Directors*

# This year, we're on the move.

After more than eight years of leasing space on Old Vineyard Road, ABC of NC purchased an existing school building and more than seven acres of land at 905 Friedberg Church Road, Winston-Salem. With renovations, we will continue serving area families who rely on ABC of NC for clinical services and as a non-public school alternative for their children with autism. And, the expansive acreage provides room to grow as we embark on a \$5 million capital campaign in 2016.

Our new campus will offer a world of possibility:

- A cutting-edge clinical building to expand existing psychological services; support new therapeutic programming; establish labs for functional living skills and career/vocational training; and create distraction-free therapy suites for one-to-one insurance-funded behavioral intervention services.
- A multi-purpose gym/auditorium for physical activity and space for performances and workshops.
- Natural-environment play areas for children to explore the world.
- An endowment to ensure the long-term sustainability of the organization.

## 335

*We served 335 children and families in the school and clinic in 2014–15. This is a 70% increase over the previous year.*

## 47,143

*In 2014–15, we delivered 47,143 hours of services.*

# This year, we moved mountains.

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**ABC of NC Value:**

*We promote public awareness and understanding of autism spectrum disorder and advocate for public policy and funding that expands research as well as medical, therapeutic, educational, vocational, recreational, social, and residential options.*

## Autism Insurance Reform

**105 miles.** That's how far it is from Winston-Salem to the State Capitol, a trip made many times by ABC of NC's staff, board of directors, and committed families as we worked tirelessly with other autism organizations to advocate for autism insurance reform. For far too long, autism families in North Carolina have lacked access to critical, medically necessary behavioral interventions. We can finally celebrate that state legislators passed autism insurance legislation early this fall. The bill, which becomes effective July 1, 2016, will require health insurance companies to cover critical therapies for thousands of North Carolina families with a child with autism.





## Light It Up Blue

During Autism Awareness Month (April), Winston-Salem demonstrated its support for the autism community by literally—and figuratively—shining a light on the developmental disability by illuminating the city's most iconic buildings and landmarks. ABC of NC was the driving force behind bringing the campaign to the Twin Cities in 2014, and we went bigger and bluer in 2015! Through the *Light It Up Blue* campaign, we raise awareness, understanding, and acceptance; and increase community knowledge about autism while reinforcing the importance of early diagnosis and early intervention.

*The Millennium Center in Downtown Winston-Salem was one of a dozen buildings that happily lit it up blue to raise awareness for autism in our community.*

# This year, we got the clinic moving.

# 207

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*In 2014–15, The Autism Clinic served 207 children, a 95% increase over the previous year.*

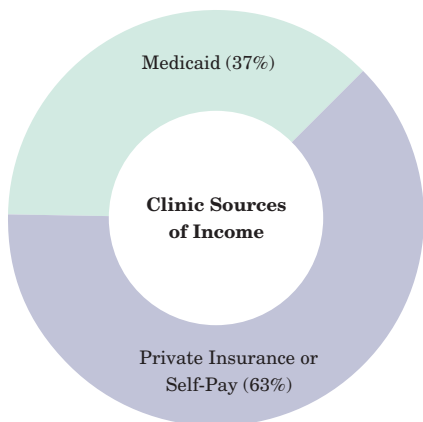
Two years ago, ABC of NC expanded its mission and services to add a diagnostic and therapeutic clinic to its educational facility. The Autism Clinic, accepting both private health insurance and Medicaid, provides diagnostic services, psychological reevaluations, and therapeutic interventions that serve the unique needs of individuals on the autism spectrum and their families. Since opening its doors, more than 300 families—from 14 counties—have accessed the clinic’s specialized services. In 2014–15, the Autism Clinic saw a dramatic increase in the number of families receiving 1:1 ABA therapy services.



“My son John (‘Perk’) was diagnosed with autism at 21 months. Through a providential series of events, we found ABC of NC. Perk began with 15 hours a week of in-home ABA therapy and slowly built up to 30 hours. In those days, the movement forward felt so slow. Perk is now 14. His speech is stilted, and he fluctuates between non-stop and no talking depending on the topic. He doesn’t make much eye contact, and he’s not always sure how to respond in social situations. *Yet, he’s come so very far.*

*Adapted from a letter written by former ABC of NC parent, Jennifer Steele (Raleigh, NC)*

“At Perk’s seventh grade awards ceremony, I waited anxiously to hear his name announced for ‘A-Honor Roll,’ an achievement of



“We spent years visiting professional after professional, and undergoing screening after screening. All the while, our son continued to have problematic behaviors that affected him at home, at school, and in the community,” said one mother.

“It wasn’t until we found ABC of NC’s Autism Clinic that we found the answers we were searching for and the support we so desperately needed. We were finally able to move the ball forward.”

which we were so proud. But then, the vice principal began to read familiar comments about the Student of the Year award recipient. I couldn’t believe it as I heard ‘John Steele’ announced as the winner.

“In Perk, as in everyone, the other side of his greatest weakness is his greatest strength. Perk’s autism may be his greatest challenge, but it’s also the key to his most amazing gifts. And, to take away the autism would make him, well, less exceptional. We discovered this first at ABC of NC and we rediscovered it again at a seventh grade awards ceremony.”



# This year, we moved deeper into the community.

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**ABC of NC Value:**

*We encourage and promote cooperative relationships among schools, agencies, organizations, and other professionals involved in the lives of people with autism spectrum disorder.*

## Riverwood Therapeutic Riding Center

In 2014, ABC of NC partnered with Riverwood Therapeutic Riding Center to bring equine and farm-based learning to participants in ABC of NC's summer program. We later expanded this initiative through a generous grant from Autism Speaks. The collaboration between the two organizations has resulted in strengthened ties and a commitment to sharing knowledge, skills and expertise to more effectively serve children with autism.

## Young Champions Adaptive Martial Arts

For many children with autism, "typical" extra-curricular activities may be out of reach due to behavioral, sensory, communication, and social challenges. ABC of NC, in collaboration with Young Champions of America, began a developmentally tailored, adaptive martial arts program for children with autism spectrum disorders and their neurotypical siblings.



# Forsyth Tech Paraprofessional Class

ABC of NC continued its multi-year collaboration with Forsyth Technical Community College for the Autism Paraprofessional course. The course introduces paraprofessionals to evidence-based practices, building the field and scope of autism workers in our community and establishing a sustainable and permanent contribution to the field of autism services.

## Public School Partnerships

In 2012, through the generosity of the Pratt Family Foundation, ABC of NC began providing autism specific trainings and consultative services to educators in Guilford County Schools. Funding the following year from the Reynolds American Foundation allowed us to extend this work to three other public school districts. This work continues today and widens our reach into additional counties.

# 1 in 3

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*Nearly one out of every three classrooms in the U.S. has a student on the spectrum.*

*And with rates of autism diagnoses growing, that number is only going to increase. That's why it's critical to make sure children with autism—along with their families and teachers—have the support they need in the classroom.*

*—Autism Speaks (2015)*



# This year, we moved hearts to give.

**\$1,800,000**

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*We have awarded more than \$1.8 million in financial aid over the past ten years.*

**\$278,623**

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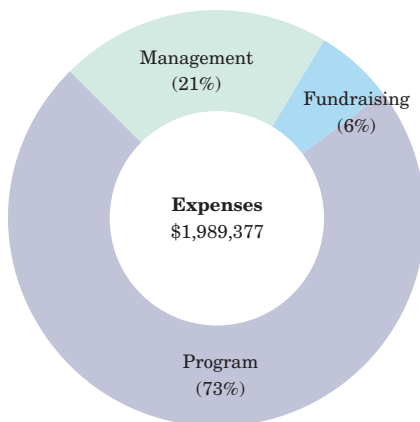
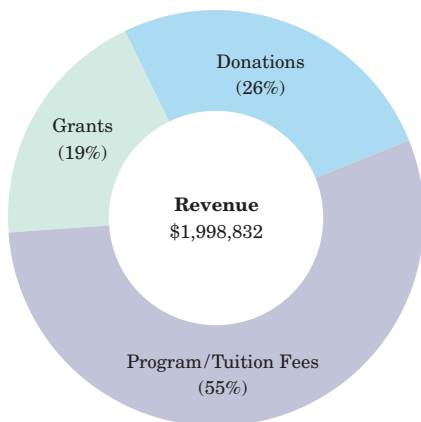
*In 2014–15, we awarded \$278,623 in financial aid, a 28% increase over the previous year.*

## Gourmet Lunchbox Luncheon

Through our annual Gourmet Lunchbox Lunch, we bring together caring members of the community and raise much needed funds to advance our mission, most notably our vital financial aid program. The 2014 luncheon featured Pulitzer Prize winner, Ron Suskind, author of *Life, Animated: A Story of Sidekicks, Heroes, and Autism*. In *Life, Animated*, Suskind writes “Each person’s chosen affinity, their passion, no matter what it is, can be a pathway to reach them.” We couldn’t have said it better ourselves!



Lisa first came to ABC of NC to attend the 2013 summer program after a challenging year in public school. She found such success during that first summer that her parents enrolled her, with the help of ABC of NC's financial aid program, in the school for the following academic year. Two years later, she is ready to return to her community school.



## Modern Toyota Golf Classic

Fore! In 2014, Modern Toyota named ABC of NC as the beneficiary of its long-standing golf classic. The first tournament, held in September, was such a success that we hit the links again in May. The tournaments raised much needed unrestricted funding, but more importantly, they raised awareness. Each hole featured information about autism and its impacts on children, families, and our community. Attendees experienced a wonderful day on the green and were reminded—with every drive and putt—why this round of golf was special.



“We knew that ABC of NC was the right place for Lisa, but financially, it was out of reach for our family. It has been amazing to watch her transformation. She learned how to better manage some of her more challenging behaviors, and has, seemingly for the first

time, developed friendships with peers. ABC of NC has given Lisa skills to draw upon, skills that will serve her well as she transitions back into our neighborhood school. Thank you so much for making this possible for Lisa!” —Paul, *Lisa’s Father*

# This year, we moved into the world.



In 2015, ABC of NC graduated its first student. Below is an excerpt of the speech given by ABC of NC's executive director, Selene Johnson, at his commencement:

“Kirby, I am so proud of all you have accomplished. I remember the day we met—you sat on the floor, unwilling to move from your ‘safe spot.’ Some years later, one of my proudest moments was watching you independently ride your bike around the block—chasing you faster and faster as you pedaled harder than I ever imagined you would—that little boy who wasn’t even motivated to move on the first day we met.

“And now, you are ready to move into the world. You take with you your joyful spirit, unadulterated enthusiasm, and contagious smile.

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**ABC of NC Value:**

*We respect and value the uniqueness of all individuals with autism spectrum disorder.*

“Our doors are always open to you as we wish you all the best on the rest of your life’s journey!”

# STAFF & SUPPORTERS

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## ADMINISTRATIVE STAFF

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Brahara Stockfish  
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Christie Ragan  
*Clinic Office Manager*  
Maria Sink, LPA  
*Psychological Associate*  
Drew Coulter  
*Accounting Assistant*

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Lizzy Donovan, BCaBA  
Stephanie Holladay, BCaBA, ITFS  
Kristin Toruno, BCBA

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Shundra McLaurin  
Becky Payton  
Amanda Rosemann  
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Leigh Ellen Spencer  
Manasia Sturdivant  
Gabbie Turner  
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Desiree Cooper  
Sabrien Gaither  
Kendall Tekely

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Anyia Tilly  
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*ABC of NC makes every attempt  
to publish a complete list of  
donors and volunteers. Please  
contact us with any additions,  
deletions or other changes.*

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Gaither and Sarah Jenkins	John and Judith Mountjoy	Ntina Skoteiniadis	

"IK" indicates in-kind support.



## VISION

Our vision is that all people living with autism spectrum disorder reach their full potential in a world where they are valued, accepted, and included.

## MISSION

To provide high-quality, evidence-based diagnostic, therapeutic, and educational services to people with autism spectrum disorder; to ensure service accessibility to individuals from any economic background; to offer support and hope to families; and to advocate for inclusion and acceptance.

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### **ABC of NC Child Development Center**

905 Friedberg Church Road  
Winston-Salem, NC 27127

[www.abcofnc.org](http://www.abcofnc.org) | (336) 251-1180



Find us on  
**Facebook**



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