

# Buddy Club 2016-2017



## Social Thinking®: Self Regulation in a Group

*for children with autism spectrum disorder (ASD)*

**Tuesday Evenings 5:00—6:30pm**

Buddy Club is a low-intensity social skills program in which children meet once per week to target individual goals through play-based activities with like age peers (ages 4-12).

**The cost of each session is \$330.**

### Session 1: Friendship Basics



8/23/16: Introduction to Buddy Club  
8/30/16: Behavior Expectations and Rules  
9/6/16: Getting to Know Each Other  
9/13/16: What is a Friend?  
9/20/16: Filling Buckets  
9/27/16: Giving and Receiving Compliments

### Session 2: Problem Solving



10/25/16: Playing Games  
11/1/16: Dealing with Losing  
11/8/16: Fairness and Compromising  
11/15/16: Identifying Problem Sizes  
11/29/16: Solving Problems  
12/6/16: Solving Problems in a Group

### Session 3: Managing Feelings



1/10/17: Basic Emotions  
1/17/17: Complex Emotions  
1/24/17: Body Language and Prosody  
1/31/17: Dealing with Anger  
2/7/17: Dealing with Change  
2/14/17: Self Control

### Session 4: Perspective Taking



3/7/17: Dealing with Teasing  
3/14/17: Tattling  
3/21/17: Perspective Taking  
3/28/17: Social Filter  
4/4/17: Empathy  
4/18/17: Flexible Thinking

### Contact Us:

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